

FITNESS KICKBOXING



FREE

BAG, MOVEMENT AND SOCIAL CLASS

Intended for Teens and Young Adults with Asperger's Syndrome & High Functioning Autism

MASTER TOM BLOOM and MASTER NATT ALSCHULER will be offering a FREE BAG, MOVEMENT AND SOCIAL CLASS.

Hit, Punch and Kick a training bag. Meet others with similar interests, talk and just plain have a good time ... moving and training.

We are gathering names and contact information of persons interested in order to finalize our meeting dates and times. If you are interested please RSVP to : ndaMartialArts@gmail.com



Where: Tom Bloom Karate, 2844 Thousand Oaks Blvd., Thousand Oaks, CA 91362

When: Saturday 11:30AM –12:30PM.

Dates: August 27, 2011, additional dates to be announced.

About Master Tom Bloom: 9th Degree Master in Tang Soo Do, 6th Degree Black Belt Tae Kwon Do; 7th Degree Black Belt Hapkido. 5 time international Champion (Kumite), 2 time World Kumite Champion (Kumite) Co Captain USA Karate Team 1984-1988. **TEACHING MARTIAL ARTS IN THE CONEJO VALLEY FOR OVER 25 YEARS.**

About Master Natt Alschuler: 4th Degree Master in Tang Soo Do from Master Tom Bloom. Involved as an advocate assisting those with special needs for over 15 years. Licensed attorney since 1983.